

WORKSHOP SERIES

HARNESSING EMOTIONS FOR HIGH-PERFORMANCE LEADERSHIP

Emotions aren't weaknesses to suppress, they're intelligence to master for stronger leadership and better results.

How else can we harness, manage and leverage our emotions to improve our own performance and the performance of our work teams?

Join internationally accredited executive coach Karyn Brinkley for a series of five online workshops exploring the power and potential of our emotions, and why they can and must be acknowledged and used in effective, authentic, contemporary leadership practice.

Feel free to encourage your executive women colleagues and team members to register with you. If they come with your recommendation, they receive access to your exclusive workshop series price.

FIVE POWERFUL TOPICS

- WORKSHOP ONE: Essential emotional foundations
- WORKSHOP TWO: Harnessing emotions to manage conflict
- WORKSHOP THREE: Harnessing emotions to enhance relationships
- WORKSHOP FOUR: Harnessing emotions to conquer overwhelm
- WORKSHOP FIVE: Harnessing emotions to deliver high performance

INTERACTIVE LEARNING

- Five, one-hour workshops, fully online
- Recorded in case you miss one or want to review the learnings
- Your commitment to show up with your own experiences, examples, and action learning mindset will maximise your return

INVESTMENT

\$500 per participant per workshop series.
Individual workshops are not available outside the series (each builds upon the previous).
Minimum 8 participants.

CONTACT

+61 409 265 161

support@womenleadingwomen.com.au

womenleadingwomen.com.au

